Notion's Accredited Coaching Programmes CSW and ILM7 : The Journey

notion BusinessCoaching.co.uk

ilm Approved Centre

ACE ACHIEVING COACHING EXCELLENCE

PHASE 1 - CSW ACCREDITATION 4 months

PHASE 2 - ILM7 12 months

PREPARATION

STAGE 1 Week -4
Application & Selection
30mins | Written

STAGE 2 Week -2
Induction & Pre-work
Online | Pre-work | 2 hours

STAGE 5 Week 7
Pre-work
2 hours

STAGE 9 Week 24
ILM7 Requirements Webinar & Q&A telecon
You can also complete the webinar during STAGE 2
Webinar | Q&A telecon | 1 hour | Pre-work | 2 hours

WORKSHOPS

STAGE 3 Week 1
2 day Notion Workshop
Domains of Leadership | Coaching Models | Powerful Questions | Handling Difficult Conversations | 9am – 5:30pm | Face to Face

STAGE 6 Week 8
2 day Notion Workshop
Mastering Communication | Measuring ROI | Working with coachee | Avoiding Pitfalls | 9am – 5:30pm | Face to Face

STAGE 10 Week 26
2 day Notion Workshop
Influencing Skills | Advanced Leadership | Coach Supervision | Ethics in coaching | 9am – 5:30pm | Face to Face

SUSTAINING & EMBEDING

STAGE 4 Week 3-7
Coaching Circles
2 x 90-120 mins sessions in small groups | 1st session supervised 1.5-2hrs | Phone + MP3 of session

STAGE 7 Week 9-16
Coaching Circles
3 x 90-120 mins sessions in small groups | 1.5-2hrs | Phone + MP3 of session

STAGE 11 Week 28-45
Coaching Circles
5 x 90-120 mins sessions in small groups | 1.5-2hrs | Phone + MP3 of session

ACCREDITATION

STAGE 8 Week 18
CSW Complete
A short reflection exercise | 5th coaching circle is assessed | CSW Complete | Certificate & STAR badge awarded (Hooray!)

STAGE 12 Week 28-45
Workplace Coaching ..... 20 hours
Coaching Diary ..... 3000 words
Reflective Self Assessment ..... 2000 words
Research Assignment ..... 5000 words

STAGE 13 Week 46
Tutorials & Submission
2 x 1 hour 1-1 tutorials
Formal submission & assessment
Phone & Written Work

STAGE 14 Week 52
ILM LEVEL 7 COMPLETE
Congratulations!

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