

EMBEDDING COACHING SKILLS

Unlike other training, to acquire coaching skills requires a personal change in belief, the failing of every 'off-the-shelf' course. Instead, our highly experienced team 'coach in' these skills to help you embed a sustainable, coaching capability.

"Notion's knowledge and level of professionalism is outstanding. They design and deliver products to an exceptionally high standard. The emphasis they place on ROI means they have provided solutions that are effective, business focused and measurable.

*They have been fantastic to work with."
Ruth Stern, Learning & Development, Royal Mail*

WHAT'S SPECIAL ABOUT OUR COACHING SKILLS PROGRAMMES?

Coaching isn't an indulgence and should be treated the same as any other business intervention; it must be aligned with the needs of the organisation and also deliver a measurable ROI. All of our programmes are designed with this philosophy in mind.



- Exposure to the UK's leading Executive Coaches
- Modular programme can be tailored to suit
- Consultancy support to ensure a measurable ROI
- Training with commercial focus on measurable benefits
- Course designed to build confidence more quickly
- Training includes a sustainability module
- MP3s of supervised practice for future reference
- Access to innovative CPD programme on graduation
- Internal accreditation, or endorsed by the ILM
- Fun and dynamic workshops to maximise learning

WHAT IS UNIQUE ABOUT OUR PROGRAMME TUTORS?

First and foremost they are the UK's top Executive Business Coaches and use a coaching approach to train, supervise and develop new and qualified Internal and Executive Coaches.



Our team have trained over 110,000 senior managers, coached and mentored over 5,000 businesses, and trained and supervised over 700 coaches across the private and public sectors.

This means they can bring the subject to life, with real examples from the field to inspire the delegates. The end result for you will be qualified Coaches who not only understand the theory, but also are commercially pragmatic which will lead to a faster return on investment to your organisation.

WHO WOULD BENEFIT FROM OUR PROGRAMMES?

Whilst there are no formal entry requirements, participants will normally:

- Be practising senior leaders and managers
- Be strong performers in their core role
- Possess strong communication skills
- Have an understanding of coaching and an interest in further developing their coaching skills
- Have the capacity to invest a minimum of 2-3 hours a week in addition to the structured workshops

The quality of your candidate selection process is critical to the success of your coaching programme

We can provide, or work with you to define the criteria for an ideal candidate as well as provide support throughout the candidate selection process.

WHAT DOES THE TRAINING INVOLVE?

Depending on the situation and your anticipated utilisation of your internal coaching, we offer accredited programmes of 3 or 4 days or an ILM7 qualification after 6 days of training.

Each of our bespoke programmes include:

1. A full induction and pre-work to ensure that participants are prepared to take the maximum from their programme
2. Detailed, bespoke workbooks that build into a valuable set of reference materials
3. A sustainability module designed to embed the learning through practice and discussion
4. An assessment of competency ranging from a supervised coaching session to submitted coursework (for the ILM7 programme)

In total, our programmes can be completed over a period from 11 weeks to between 9-12 months for the ILM level 7 qualification.



WHAT'S INCLUDED?

- Initial consultation
- Support with selection process (optional)
- Induction meeting and follow up call
- 3-6 days of bespoke workshops
- Supervised and recorded coaching practice

For our ILM programmes:

- 1-to-1 tutorials for all delegates
- 1-to-1 support throughout the submission process
- Tips and strategies for writing and completing assignments
- 6 months membership to ILM including full member benefits for all delegates



Plus each participant receives:

- Accredited Coach Workbooks for each day that build into a useful reference set of materials and slides from each day of the workshops along with space for personal notes and reflections.
- Coaching Toolkit and exercises to use with clients
- Access to electronic copies of coaching tools
- MP3 files of their personal and supervised coaching circles with specific tips for improvements
- Fortnightly executive coaching tips

For more information about the tutors or our training, visit www.BusinessCoaching.co.uk/coaching-workshops or call or email us to schedule a friendly chat.

To help sustain the benefits, we can design an ongoing CPD and Supervision programme. We can also help you to implement the processes to measure improvements and capture the ROI from your coaching initiatives.

Nothing beats hearing from the clients themselves. We have over 80 client testimonials and case studies on our website.

Please visit BusinessCoaching.co.uk/testimonials



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